



**CALIFORNIA CENTER**  
for Infant-Family and Early Childhood Mental Health

**FOR IMMEDIATE RELEASE**

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**Professional Endorsement Qualifies Jennifer Silverstein to  
Provide Mental Health Services to Infants,  
Young Children and Families**

Windsor, CA 95492 — Jennifer Silverstein was recently endorsed as an Infant-Family Mental Health Specialist by the California Center for Infant-Family and Early Childhood Mental Health in Sacramento, California, thereby acknowledging that her professional preparation and experience meet the set of refined, evidence-based training guidelines and recommended competencies described in the *California Training Guidelines and Personnel Competencies for Infant-Family and Early Childhood Mental Health, 2009*.

This important achievement recognizes the complexity of skills and knowledge needed to support the social and emotional development and well-being of infants and young children within the context of their early relationships, family, community and culture. Recent developments in neuroscience, infant mental health, attachment, as well as prenatal and perinatal psychology and health show us that the optimal, most cost effective time to make positive interventions in human development is from the very beginning of life. Early mental health services promote school readiness by strengthening early relationships, family functioning and a child's emotional regulation and social competence.

The state-of-the-art preparation and training and the ensuing, rigorous portfolio review represented by the endorsement provide assurance to hiring agencies and families that they are working with a highly trained professional in this specialized field.

Additional information is available at [www.cacenter-ecmh.org](http://www.cacenter-ecmh.org)

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**LEADERSHIP TEAM**

**Marie Kanne Poulsen, Ph.D.**  
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University Center for Excellence  
in Developmental Disabilities  
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**Mary Claire Heffron, Ph.D.**  
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Division of Developmental and  
Behavioral Pediatrics*

**Maurine Ballard-Rosa, Ph.D.**  
*California State University,  
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Psychology and Deaf Studies*

**Barbara Stroud, Ph.D.**  
*Barbara Stroud Training  
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**Patsy Hampton, M.R.A.**  
**Project Director**  
*WestEd Center for Prevention  
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**Karen Moran Finello, Ph.D.**  
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